

LUPUS
CANADA
Life Without Lupus



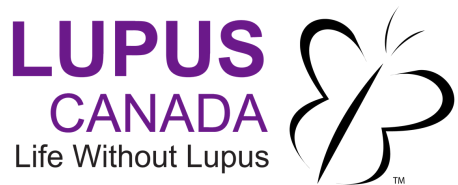
LUPUS CANADA

Awareness Calendar

Providing Hope
Raising Awareness
Inspiring Change

Working Together to Conquer Lupus

www.lupuscanada.org | 1-800-661-1468
Charitable Registration # 11902 5872 RR0001



Throughout the year, Lupus Canada highlights a variety of health observances, awareness campaigns, and community initiatives that connect to the experiences of people living with lupus.

This calendar is designed to inspire storytelling, education, advocacy, and community engagement. If one or more of these topics resonates with your lived experience, we'd love to hear your story.

Please note that this calendar is updated periodically and may change from year to year.

Mission

Lupus Canada is a national voluntary organization dedicated to improving the lives of people affected by lupus through research, public awareness, advocacy and education.

Vision

Life without lupus.



September

- Arthritis Awareness Month
- Yoga Awareness Month
- Self Care Awareness Month
- Pain Awareness Month
- World Suicide Prevention Day
- Acne Awareness Week
- World Patient Safety Day
- World Heart Day
- Back to School

October

- Thanksgiving
- World Mental Health Day
- World Menopause Day
- Learning Disabilities Awareness Month
- Occupational Therapy Month
- Pregnancy and Infant Loss Awareness Month
- Canadian Malnutrition Awareness Week
- Latin American Heritage Month
- World Psoriasis Day
- Flu and COVID Season

November

- International Men's Day
- Diabetes Awareness Month
- Financial Literacy Month
- World Children's Day
- Remembrance Day

December

- GivingTuesday
- Holiday Wellness and Stress Management

January

- New Year Wellness
- National Blood Donor Month
- National Non Smoking Week

February

- Black History Month
- Heart Month
- Psychology Month
- Eating Disorder Awareness Week
- International Day of Women and Girls in Science
- World Cancer Day
- Valentine's Day
- Rare Disease Day
- Nonprofit Appreciation Week

March

- Francophonie Month
- Nutrition Month
- Kidney Month
- Brain Awareness Week
- International Women's Day
- Juvenile Arthritis Awareness Month
- Pharmacy Appreciation Month
- World Sleep Day

April

- World Health Day
- National Immunization Awareness Week
- National Oral Health Month
- Stress Awareness Month
- National Volunteer Week
- Sjögren's Awareness Month
- Canadian Infertility Awareness Week

May

- Lupus Awareness Month
- Sun Awareness Month
- Asian Heritage Month
- National Caregiver Awareness Month
- National Physicians' Day
- Mother's Day
- Vision Health Month
- International Fibromyalgia Awareness Day
- World IBD Day
- National Hospice Palliative Care Week

June

- Men's Health Month
- Pride Month
- National Indigenous Peoples Day
- Father's Day
- Canadian Multiculturalism Day
- World Blood Donor Day
- National PTSD Awareness Day
- Scleroderma Awareness Month
- Vasculitis Awareness Month
- Thyroid Awareness Month

July

Canada Day

August

- International Day of the World's Indigenous Peoples
- International Youth Day
- Overdose Awareness Day

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