

SUPPORTING STUDENTS LIVING WITH LUPUS

WHAT IS LUPUS?

Lupus is a chronic autoimmune condition where the immune system attacks healthy tissues. It can affect the skin, joints, kidneys, heart, lungs, blood, and brain. Symptoms vary and may include:

- fatigue and weakness
- joint or muscle pain
- cognitive difficulties “lupus fog”
- episodic flares

ACCOMMODATIONS MATTER

Providing accommodations ensures that students with lupus have equitable opportunities to succeed academically while managing their health.

HOW LUPUS CAN IMPACT LEARNING

Symptoms may change daily, impacting:

- Attendance & participation
- Focus, concentration & memory
- Ability to assignments or exams on schedule
- Endurance for long labs and/ or lectures



RECOMMENDED ACCOMMODATIONS

-  Flexible deadlines for assignments & exams
-  Access to lecture notes, recordings or online resources
-  Opportunities for rest breaks during class or exams
-  Use of assistive technology and/ or note taking support
-  Adjustment to attendance policies as needed



For more information about lupus and supportive strategies visit: www.lupuscanada.org

Charitable Registration # 11902 5872 RR0001

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Life Without Lupus 