

National Activities at Lupus Canada

At Lupus Canada we have focused our resources on our “Five Pillars” - Advocacy, Public Awareness, Research, Volunteer Development and Walk a Block. We believe that by focusing on the five pillars, we can ensure that we are helping the tens of thousands of Canadians who are living with lupus, live well with lupus.

- Through our work in **Advocacy**, we intend to educate people about their legal rights and entitlements and will additionally work with politicians and government to enhance policies and legislation affecting people living with lupus.
- Our goal in **Public Awareness** is to inform and educate people about what lupus is so that those in the community and the workplace are better informed as to the issues affecting people living with lupus.
- **Research** is supported through funding which will enable medical researchers to find causes, cures and treatment of lupus.
- Our work in **Volunteer Development** focuses on the recruitment, training and retention of volunteers for Lupus Canada as well as our Member Organizations and Divisions.
- **Walk a Block** is our national fundraising campaign involving walks across the country raising awareness and generating funds for research through national and provincial sponsors as well as through donations to individual walkers and teams. Visit www.walkablock.ca to join a walk, start a walk or donate to a walk.

Visit our website at www.lupuscanada.org to learn more and find valuable resources for people living with lupus, their family, friends and caregivers.

Local Lupus Organizations

BC Lupus Society
Phone: BC + YUKON 1-866-585-8787
www.bclupus.org

Alberta*
1-800-661-1468
www.lupuscanada.org

LE Society of Saskatchewan
Phone: 1-877-566-6123
www.sasklupus.com

Lupus Society of Manitoba Inc.
MB only: 1-888-942-6825
Phone: 204-942-6825
www.lupusmanitoba.com

Lupus Foundation of Ontario
ON only: 1-800-368-8377
Phone: 905-894-4611
www.vaxxine.com/lupus

Lupus Ontario
ON only: 1-877-240-1099
Phone: 905-415-1099
www.lupusontario.org

Lupus Québec*
Phone: 1-800-661-1468
www.lupuscanada.org/quebec

Lupus New Brunswick*
NB only: 1-877-303-8080
Phone: 506-384-6227
www.lupuscanada.org/newbrunswick

Lupus PEI*
Phone: 1-800-661-1468
www.lupuscanada.org/pei

Lupus Society of Nova Scotia
NS only: 1-800-394-0125
Phone: 902-425-0358
www.lupuscanada.org/novascotia

Lupus Newfoundland & Labrador
Phone: 709-368- 8130
www.envision.ca/webs/lupusnfldlab

* Membership through Lupus Canada



Lupus Canada

*Working together
to conquer lupus*

through membership

Lupus Canada
3555 14th Avenue, Unit #3
Markham, ON LR 0H5

Toll free: 1-800-661-1468
Phone: (905) 513-0004
Fax: (905) 513-9516

www.lupuscanada.org
Email: info@lupuscanada.org

What is Lupus?

Lupus is a chronic disease with a variety of symptoms caused by inflammation in one or more parts of the body. Lupus is an autoimmune disease that belongs in the family of diseases that includes rheumatoid arthritis, multiple sclerosis, juvenile diabetes and scleroderma. The most common type of lupus is Systemic Lupus Erythematosus, or SLE. It is a complex and baffling condition where the body's immune system (that normally protects and defends the body against disease and illness) becomes overactive, often targeting any tissue or organ of the body, including skin, muscles, joints, blood and blood vessels, lungs, heart, kidneys and the brain.

Lupus affects tens of thousands of Canadian men, women and children. Between the ages of 15 and 45, eight times more women than men are diagnosed with lupus. In those under 15 and over 45, both sexes are affected equally. The cause of lupus remains unknown and there is no cure yet – so while we work towards our vision of *Life without lupus* we also remain focused on ensuring that people living with lupus are living well with lupus.

Benefits of Membership

Your annual membership and donation will assist with our on-going work to support national educational programs, public awareness campaigns and fundraising initiatives, contribute towards research projects and assist local lupus organizations in providing direct support to people living with lupus.

As a member you will be kept informed of upcoming events, activities and educational sessions.



Lupus Canada

Lupus Canada Vision

Life without lupus

Lupus Canada Mission

Lupus Canada is a national voluntary organization dedicated to improving the lives of people living with lupus through advocacy, education, public awareness, support and research

Lupus Canada Values

The following values serve as guidelines for our conduct and behaviour as we work toward our vision and mission:

- Quality of service
- Equal access for all individuals
- Accountability and transparency
- Dignity and respect for all individuals
- Collaboration and consultation



Your membership fee and donation are tax deductible. An Income Tax Receipt will be sent to you.

Lupus Canada protects personal information and adheres to all Canadian Legislative requirements with respect to individual privacy.

Registered Charity Number 11902 5872 RR0001.

Membership Application

Yes, I would like to become a member

Name _____

Address (street, city, postal code) _____

Phone _____

Email _____

Membership Fees:

\$25.00 Single \$30.00 Family

Along with my membership fee I would like to include a donation in the amount of \$ _____ to support the efforts of Lupus Organizations in Canada.

Cheque enclosed (payable to Lupus Canada)

Charge my Visa Card

Charge my MasterCard

Charge my American Express Card

Card Holder Name _____

Credit Card Number _____

Expiry Date _____

Signature _____

Please mail your Membership Form to:

3555 14th Avenue, Unit #3
Markham, ON L3R 0H5

1-800-661-1468
www.lupuscanada.org